



CITY MISSION SOCIETY OF BOSTON

Uniting Communities ∞ Transforming Individuals

Founded 1816

## **Announcing the Y.P.E.\* AFTERSCHOOL Sponsored by City Mission Society**

**Sign up Now to Join the  
Evening Afterschool!**

**WHO:** Youth between the ages of 14-18 (up to 20 will be accepted). You can be from any school, or even out of school!

**WHEN:** Tuesdays and Thursdays from 6 PM to 8 PM.  
Some Saturday activities, such as field trips, service activities or sports events, are also offered.

**WHERE:** The Crispus Attucks Center, 105 Crawford St.,  
Dorchester.

**WHAT:** The Afterschool promotes positive self esteem; mutual respect; leadership development; learning/education; spirituality; having fun; and building community.

Curriculum topics include:

*Personal Practices*

- *The Family as Launch Pad*
- *Unleashing Creative Energy and Expression*

*Choosing Wellness*

- *Emotional Health*
- *Physical Health*

*Spiritual Health*

*Healthy Relationships*

- *Gender Dynamics and Friendship*
- *Violence in Relationships/Conflict Transformation*

\***Youth for Peace and Empowerment** includes CMS, St. Mark Congregational Church, Bethel Pentecostal Church, and Greater Generations Tabernacle Church.



***STARTS NOVEMBER 10, 2009***  
**To Register, Contact Rev. Annie L. Belmer**  
**617-742-6830 ext. 202 or [abelmer@cmsboston.org](mailto:abelmer@cmsboston.org)**

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