



CITY MISSION SOCIETY OF BOSTON

Uniting Communities ∞ Transforming Individuals

Founded 1816

# Announcing ***YOUTH - PEACE - EMPOWERMENT AFTERSCHOOL***

**Sponsored by *City Mission Society***

**Evening Afterschool begins November 2010**

**WHO:** Youth between the ages of 14-18 (up to 20 will be accepted). You can be from any school, or even out of school!

**WHEN:** Tuesdays and Thursdays from 6 PM to 8 PM.  
Some Saturday activities, such as field trips, service activities or sports events, are also offered.

**WHAT:** The Afterschool promotes positive self esteem; mutual respect; leadership development; learning/education; spirituality; having fun; and building community.

Curriculum topics include:

*Personal Practices*

- *The Family as Launch Pad*
- *Unleashing Creative Energy and Expression*

*Choosing Wellness*

- *Emotional Health*
- *Physical Health*

*Spiritual Health*

*Healthy Relationships*

- *Gender Dynamics and Friendship*
- *Violence in Relationships/Conflict Transformation*

**Youth -- Peace -- Empowerment**

includes CMS, St. Mark Congregational Church, Bethel Pentecostal Church, and Greater Generations Tabernacle Church.

